



CSA COACHES ACADEMY

Guidelines, Requirements and Regulations:

Coaches Academy

The Coaches Academy is managed by the Manager: Coaching, Cricket South Africa in consultation with the respective provincial affiliates, and aims to:

- Keep abreast with the latest technical developments taking place in other cricketing countries in order to update South Africa's coaching system;
- Monitor the criteria of the various coaching levels in order to maintain uniformity;
- Broaden the base by coaching new coaches;
- Supply quality coaches to the system.

Courses and certificates

The main objective of the Coaches Academy is to coordinate and control the training, qualification and certification of cricket coaches, and the Academy offers the following courses:

Mini Cricket (Fundamental Phase)

This certificate enables coaches/teachers to coach Mini Cricket, the simplest form of the game, to children under the age of 10 years. This is regarded as the introductory level for both coaches and players and coaches need not necessarily have any previous experience.

Course duration:	10 hours
Evaluation:	1-Hour Theoretical Examination Paper and a 10-minutes practical per candidate

Certificates are issued to successful candidates upon submission of results by the relevant provincial office.

Orientation Course (Preparatory Phase)

The objective of this course is to introduce aspirant coaches to the hard-ball version of the game and prepare potential Level I candidates. Topics include the most basic laws and terminology of cricket, pitch measurements and technical dimensions, basic playing skills, etc. The only requirement is that a candidate must be at least 16 years of age to attend this course.

Course duration: 6 hours (3 x 2-hour modules).
No evaluation or exam is necessary – candidates receive a certificate of attendance only from the local affiliate office.

Level I (Basic Skills Coach)

The Level I Course is designed to enable successful candidates to coach Basic Cricket Skills and to organise an effective practice/training session for junior cricketers. Candidates must be at least **18 years of age**, have a sound understanding of the game and have either attended the Orientation Course or be in possession of a previous Level I certificate. They will be required to obtain a minimum of 80% in the pre-course test and access to a PC is advisable.

Course duration: 18 hours that includes an hour-and-a-half theoretical and practical evaluation.

Certification: Certificates are issued to successful candidates upon qualification and submission of results.

Level II (Intermediate Skills Coach)

To register for this course, a candidate must be **21 years of age** and either have held a revised Level I certificate (post 2005) for at least 12 months OR be a previously qualified and certified Level II Coach. This serves as an entry level for first-class cricketers and a holder of this certificate should be able to coach any school or junior club side with confidence. The course covers all aspects of coaching and various teaching methods, as well as practice organisation and planning. Access to a PC is advisable.

Course duration: 3-week self-study period followed by a 24-hour course (8 x 3-hour modules).

Evaluation: A pre-course assignment, two-hour theoretical exam and practical assessment.

Certification: 6 months after successful completion of the course.

Level III (Senior Skills Coach)

Experienced and suitably qualified Level II coaches (revised 2005 course) are nominated annually by their respective Affiliates and need to be at least **25 years of age** to attend this particular course.

Cricket South Africa (Coaching Department) reserves the right to invite or select individuals at its discretion to enable such candidates to become competent senior club, provincial youth and/or Academy coaches. The course covers technical/tactical aspects of the game and includes more advanced topics and principles of sport science and medicine. Emphasis is also placed on skill assessment methods to assist the coach with individual technique analysis, error detection and fault correction.

Course duration: A 5-day, 34-hour course.

Evaluation: The theoretical assessment consists of a pre- and post-course assignment, a 2-hour written examination and an individual presentation during the course, while the practical evaluation consists of a video analysis section, a one-on-one as well as a group coaching session.

Certification: The qualification and certification process lasts 12 months from registration.

Level IV (High Performance Cricket)

This is the highest cricket coaching qualification currently obtainable in South Africa and is primarily for professional, career coaches working within the national and domestic professional structures. Attendance is by CSA invitation only. The emphasis and focus is mainly on team and individual preparation and game plans, analysing the opposition and different conditions, man-management, strategic management, sports law and the use of technology. Successful candidates will be qualified to undertake cricket coaching at its highest possible level.

Course duration: 2 x 5-Day contact sessions

Evaluation: Detailed pre- and post-course assignments, 4-hour written examination, individual presentations and a practical session that includes opposition analysis and a team discussion.

Certification: 18 Months from start of course.

Standard requirements

Candidates need to achieve an overall pass mark of 70%, with a sub-minimum requirement of 60% in all sections at each of the course levels.